

Dr. Abdul Qudoos Arain

General Physician

Appointment Hours:

Mon-Thurs: 17:00 - 22:00

Fri: 15:00 - 22:00

Sat: 15:00 - 23:00

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Faisal Aftab

38 years, Male

May 17, 2025; 15:00 hrs

Probable Diagnosis

Hypothyroidism

Recommended Actions

1. Take your thyroid medicine daily.
2. Avoid taking calcium or iron close to your medicine.
3. Get your thyroid levels checked regularly.

Rx Medications

S.No.	Medicine	Dose	Route/Frequency	Duration	Instructions, if any
1.	Tab Levothyroxine 50 mcg	2 tablets (100 mcg)	Oral/Once daily	Next follow-up	On an empty stomach/30 mins before breakfast
2.					
3.					

Lab Tests

TSH

Follow Up

Consult again after getting lab reports.

Dr. Abdul Qudoos, MD, M.Phil, CHPE
General Physician, PMDC# 47822-S